

# Biomedical Seminar GENU D “Growth, Exercise, Nutrition and Development”

**Presencial Biomedical Seminar (ENG)  
Tuesday, June 4, 2024. 17:00 – 19:00 h**

## Salutation and moderation:

**17:00** José A. Casajús. GII066-Growth, Exercise, Nutrition and Development (GENUD)

## Communications:

**17:10** *Physical activity intervention programs for obesity prevention and fostering social interaction in the PRIMA DELICIOUS project.* Juancho Pons, Gestor de proyectos en Edelvives y coordinador del proyecto europeo PRIMA DELICIOUS

**17:40** *Effects of a supervised whole-body vibration training program on basal metabolic rate, body composition and physical fitness in morbidly obese patients after bariatric surgery: A randomised controlled trial.* Susana Ara, GENU D

**18:00** *Rural-frail: effects of face-to-face and video-assisted physical exercise sessions on frailty, mental and physical health of older adults in rural areas.* Ángel Matute Llorente and Alba Gómez Cabello, GENU D

**18:20** *Growing up healthy: Co-creating an obesity prevention intervention with children: a feasibility study in Zaragoza, Spain* Pilar de Miguel-Etayo, GENU D

**18:40-19:00** Comments, conclusions and closing

## Organizers:

Grupos “Growth, Exercise, Nutrition and Development (GENUD)” and “Nutrición en la primera infancia y su repercusión a largo plazo”. Instituto de Investigación Sanitaria Aragón ( IIS Aragón)  
Facultad de Medicina, Universidad de Zaragoza.

**Registration link:** [https://docs.google.com/forms/d/e/1FAIpQLSdDEHDh-FSTB5oBZsELXN3i-ZmFfJyyYXA0Xe\\_fvjqLRVCPw/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdDEHDh-FSTB5oBZsELXN3i-ZmFfJyyYXA0Xe_fvjqLRVCPw/viewform?usp=sf_link)